

## Part 1: Model Answer

### Are you a person who likes to stay at home?

Not really... I work from home so the second I finish work, I like to get out of the house. I begin to feel **a bit claustrophobic** if I spend all day indoors. I'm not the type of person who gets up super early to go for a walk in the morning, but I certainly need to get out the house for a few hours at least each day.

## Useful language

### Homebody

Someone who enjoys staying at home.

*"I'm definitely a **homebody**—I find comfort in familiar surroundings."*

### Creature comforts

Things that make home life pleasant.

*"I love staying at home because I enjoy my **creature comforts**, like a cosy blanket and a good book."*

### Recharging my batteries

Recovering energy.

*"Staying at home helps me **recharge my batteries** after a long week."*

### Binge-watching

Multiple episodes in one sitting.

*"One reason I love staying at home is that I can **binge-watch** my favourite TV series."*

### A bit claustrophobic

Uncomfortable being inside.

*"I begin to feel a bit **claustrophobic** if I spend all day indoors."*

### Out and about

Being outside and active.

*"I love being out and about, whether it's meeting friends or trying new restaurants."*

### Restless

Unable to stay in one place for long.

*"I get **restless** if I stay at home for too long."*

### FOMO (Fear of Missing Out)

The worry that others are having fun without you.

*"I experience **FOMO** if I stay home while my friends are out."*

## Write your answer

Are you a person who likes to stay at home?

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