

What do you usually do on weekends?

To be honest, my weekends are **more or less** the same. I **tend to sleep in** on Saturday and have a nice relaxing breakfast with my girlfriend. After that, I'll **usually** do some exercise. Sometimes I'll go for a run, but **most of the time** I'll go indoor rock climbing. Then on Sunday, I'll **often** meet up with friends and family. I've got a 2-year-old niece, so I **normally** try to spend some time with her at the weekend.

Useful expressions**To be honest**

Used to introduce a statement that expresses someone's true feelings/thoughts/opinions.

*"**To be honest**, I don't really enjoy this movie."*

More or less

Used to indicate something is roughly accurate but not exact - approximately, about, or almost.

*"There were **more or less** 50 people at the event."*

Tend to

To usually do something or to have a general habit or pattern of behaviour.

*"I **tend to** sleep in on Saturday and have a nice relaxing breakfast with my girlfriend."*

*"People **tend to** be more relaxed on weekends."*

Sleep in

Stay in bed and sleep longer than usual, typically in the morning.

*"At the weekend, I will usually **sleep in**."*

Will

You can use "will" to describe regular actions. When we're speaking, we often contract will to 'll.

"On Saturday, I'll often try to do some exercise."

Useful adverbs/phrases for describing frequency

- **Usually**: *"After that, I'll **usually** do some exercise."*
- **Most of the time**: *"Sometimes I'll go for a run, but **most of the time** I'll go indoor rock climbing."*
- **Often**: *"Then on Sunday, I'll **often** meet up with friends and family."*
- **Normally**: *"I **normally** try to spend some time with my 2-year-old niece at the weekend."*

Write your answer

What do you usually do on weekends?
